

## Sunday School Lesson – Jonah

### Attention Grabber:

Opposite Game (Note: for Preschoolers, demonstrate with another teacher.)

Say, Sit Down/Stand Up, Up/Down, Be Still/Wiggle all around, Walk over here/Walk over there

### Bible Story:

(In advance, place 2 pieces of bulletin board paper on floor – one blue piece at right of stage, one green at left on stage.)

Stand in the middle between the two pieces of paper.

Say, *A prophet was someone God gave a message to tell to the people. Today, we will hear about another prophet named Jonah.*

*God gave him a message to tell the city of Nineveh (point to the green paper). So Jonah....*

*Went in the opposite direction! (Turn toward the blue paper)*

*He got into a boat (Step into a cardboard box with top/bottom cut out so you pull it up to your waste) and they set sail.*

*A storm came (Tap your feet quickly on the paper and move the box up and down).*

*Jonah said, The storm is happening because I disobeyed God. Throw me overboard and it will stop. So they did. (Step out of the box and set it aside and sit on the blue paper.)*

*Then God caused a great fish to come and swallow Jonah (Grab a hoola hoop that you've stored nearby and put it over your head and hold in the middle of your body).*

*Jonah prayed to God from the fish and said...*

**READ Jonah 2:7 (The kids need to see that this story comes from the Bible.)**

*God caused the big fish to spit Jonah out! (Jump from blue paper to middle stage and stand up.)*

*Again God said, Go to Nineveh and tell the people to STOP DOING WRONG THINGS.*

*This time.... Jonah went! (Walk to green paper.)*

*And the people listened and they stopped doing wrong things and showed God they were sorry.*

## **Song:**

**Give each child a piece of party streamer – one blue and one pink. The blue signifies the water and the pink the big fish's tongue.**

**Verse 1** – Tell the kids to wave the blue streamer as you sing.

A man named Jonah was swimming in the water, swimming in the water, swimming in the water.

A man named Jonah was swimming in the water --

Bubble, Bubble, Bubble, Bubble, SPLASH (On “splash” throw blue streamer up and let it rain down. Pick it up and begin next verse.)

**Verse 2** – Tell the kids to wave the blue streamer as you sing.

A great big fish was swimming in the water, swimming in the water, swimming in the water.

A great big fish was swimming in the water--

Bubble, Bubble, Bubble, Bubble, GULP (On “gulp” toss blue streamer up and let it rain down. Pick it up and begin next verse.)

**Verse 3** – Tell the kids to wave the pink streamer as you sing.

Jonah was in the belly of the great big fish, great big fish, great big fish.

Jonah was in the belly of the great big fish --

Until it spit him OUT (On “out” toss pink streamer into the air and let it rain down.)

**Visit my Youtube Channel for a demonstration of how I taught this lesson:  
[youtube.com/@KathyHutto](https://www.youtube.com/@KathyHutto)**